



## STAFF COVID SYMPTOM POLICY

If a member of Streetlight UK Staff feels unwell, they are to follow the Government recommended guidelines as follow:

If you have any of the 3 main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result. Please inform your GP you are an essential worker; you should be offered a test within 1 or 2 days.

### THE MAIN SYMPTOMS OF CORONAVIRUS ARE:

1. **A high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
2. **A new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
3. **A loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

**Most people with coronavirus have at least 1 of these symptoms.**

### WHAT TO DO IF YOU HAVE SYMPTOMS

If you have any of the 3 main symptoms of coronavirus:

1. Get a PCR test to check if you have coronavirus as soon as possible.
2. You and anyone you live with should stay at home and not have visitors until you get your test result – only leave your home to have a test, but as of the 16<sup>th</sup> of August 2021 anyone who has been fully vaccinated or aged under 18 years and 6 months are not required to self-isolate. You should limit contact with others outside of your household especially in enclosed spaces; wear a face covering in enclosed spaces and where you are unable to maintain social distancing; limit contact with anyone who is clinically vulnerable and take part in twice weekly LFD (rapid lateral flow) testing. This advice also applies to anyone in your household.
3. Anyone in your support bubble should also stay at home if you have been in close contact with them since your symptoms started or during the 48 hours before they started (or as per point 2).

## **ALL STAFF ARE ALSO TO FOLLOW THE STEPS BELOW IF THEY FEEL UNWELL AND DISPLAY ANY OF THE 3 GOVERNMENT GUIDELINES SYMPTOMS.**

1. Notify direct line manager immediately by phone - as per our sickness and absence policy, and not via text or email.
2. Follow Government guidelines above.
3. Inform your GP you are an essential worker and ask for a test asap.
4. Inform line manager of test results ASAP.

## **IF SOMEONE HAS SYMPTOMS OR HAS TESTED POSITIVE**

As of the 16<sup>th</sup> of August 2021, anyone who has been fully vaccinated or aged under 18 years and 6 months are not required to self-isolate. For anyone else: -

- If someone has symptoms or has tested positive for coronavirus, they must self-isolate (stay at home) for at least 10 days.
- Anyone else in their household must self-isolate for 14 days.
- If anyone else in the household starts displaying symptoms or tests positive, they must self-isolate for at least 10 days. This is regardless of where they are in the 14-day isolation period.

## **IF SOMEONE IS TOLD TO SELF-ISOLATE BY A TEST AND TRACE SERVICE**

- If a government 'test and trace' service tells someone they've been in close recent contact with someone who has tested positive, they must self-isolate for 14 days. If they develop symptoms, everyone else in their household must self-isolate for 14 days.
- If someone is told to self-isolate by a test and trace service, they could be entitled to a £500 support payment from their local authority.
- To be eligible, the person must be:
  - employed or self-employed
  - on a low income
  - unable to work from home and will lose income as a result of self-isolating
- If someone has already been vaccinated, you can still pass COVID-19 onto others, therefore you should limit contact with others outside of your household especially in enclosed spaces; wear a face covering in enclosed spaces and where you are unable to maintain social distancing; limit contact with anyone who is clinically vulnerable and take part in twice weekly LFD (rapid lateral flow) testing. This advice also applies to anyone in your household.

## **IF THE EMPLOYER NEEDS PROOF**

- Employees in self-isolation need to follow their workplace's usual sickness reporting process.
- Employees can 'self-certify' for the first 7 days off work. This means following their workplace process but not having to get a note from a doctor or NHS 111.
- Those self-isolating due to coronavirus for more than 7 days can get an online self-isolation note from the:

[NHS website](#)

[NHS mobile phone app](#) – for those registered with a GP in England

## SELF-ISOLATING AFTER RETURNING TO THE UK

- Some people returning to the UK must self-isolate (or 'quarantine') for 14 days, depending on the country they've travelled from (according to the Government Guidelines as amended following each three-week review).
- Employees or workers are not entitled to SSP if they're self-isolating after returning from holiday or business travel and they cannot work from home.
- They may be entitled to SSP for another reason, for example if they have coronavirus symptoms.
- An employer can choose to pay the employee an amount equivalent to SSP, or a higher amount of pay, if they want to.
- It's a good idea to check your workplace's policy to see if your workplace pays SSP or a higher rate of sick pay if anyone needs to self-isolate after returning to the UK.
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[Find out more about holiday and leave during coronavirus.](#)

More details can be found at: <https://www.gov.uk/coronavirus>